**Swimming Pool Timetable**

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| **Monday** | **Class** | **Swimming Pool** |
| 7am to 9am | Adult Swimming Only | Lane Swimming |
| 9am to 10am | General Swim | Lane Swimming |
| 10am to 12noon | Turtle Tots (Term Time) | Pool Closed |
| 12noon to 2pm | Adult Swimming Only | Lane Swimming |
| 2pm to 3pm | Turtle Tots (Term Time) | Half Pool Closed |
| 2pm to 4pm | General Swim | Lane Swimming |
| 4pm to 6.15pm | Children’s Swim Lessons (Term Time) | Pool Closed |
| 7pm to 8pm | General Swim | Lane Swimming |
| 8pm to 9pm | Adult Swimming Only | Lane Swimming |
| **Tuesday** | **Class** | Swimming Pool |
| 7am to 9am | Adult Swimming Only | Lane Swimming |
| 9am to 11am | General Swim | Lane Swimming |
| 11am to 12noon | Cwac Cwacs Swim School (Term Time) | Pool Closed |
| 12pm to 2pm | Adult Swimming Only | Lane Swimming |
| 1pm to 3pm | Cwac Cwacs Swim School (Term Time) | Half Pool Closed |
| 2pm to 8pm | General Swim | Lane Swimming |
| 4pm to 6pm | Childrens 1 to 1 Lessons | 1 Lane Closed |
| 8pm to 9pm | Adult Swimming Only | Lane Swimming |
| **Wednesday** | **Class** | Swimming Pool |
| 7am to 9am | Adult Swimming Only | Lane Swimming |
| 9am to 10am | General Swim | Lane Swimming |
| 10am to 12noon | Turtle Tots (Term Time) | Pool Closed |
| 12noon to 2pm | Adult Swimming Only | Lane Swimming |
| 2pm to 3pm | Turtle Tots (Term Time) | Half Pool Closed |
| 2pm to 4pm | General Swim | Lane Swimming |
| 4pm to 6.15pm | Children’s Swimming Lessons (Term Time) | Pool Closed |
| 6.15pm to 8pm | Adults Swimming Lessons (Term Time) | Pool Closed |
| 8pm to 9pm | Adult Swimming Only | Lane Swimming |
| **Thursday** | **Class** | Swimming Pool |
| 7am to 9am | Adult Swimming Only | Lane Swimming |
| 9am to 12noon | General Swim | Lane Swimming |
| 12pm to 2pm | Adult Swimming Only | Lane Swimming |
| 1pm to 3pm | Cwac Cwacs Swim School (Term Time) | Half Pool Closed |
| 2pm to 8pm | General Swim | Lane Swimming |
| 8pm to 9pm | Chameleons Swim Club | Pool Closed |
| **Friday** | **Class** | Swimming Pool |
| 7am to 9am | Adult Swimming Only | Lane Swimming |
| 9am to 10am | General Swim | Lane Swimming |
| 10am to 12pm | WaterBabies | Pool Closed |
| 12pm to 2pm | Adult Swimming Only | Lane Swimming |
| 2pm to 4pm | General Swim | Lane Swimming |
| 4pm to 5pm | Family Swim | Whole Pool |
| 5pm to 8pm | General Swim | Lane Swimming |
| 8pm to 9pm | Adult Swimming Only | Lane Swimming |
| **Saturday** | **Class** | Swimming Pool |
| 8am to 9am | Adult Swimming Only | Lane Swimming |
| 9am to 12.30pm | Children’s Swimming Lessons (Term Time) | Pool Closed |
| 12.30pm to 1.30pm | Adult Swimming Only | Lane Swimming |
| 1.30pm to 3pm | WaterBabies | Half Pool |
| 2pm to 3pm | Family Swim | Half Pool |
| 3pm to 6pm | Children’s Swimming Lessons | Pool Closed |
| **Sunday** | **Class** | Swimming Pool |
| 8am to 9am | Adult Swimming Only | Lane Swimming |
| 9am to 10am | General Swim | Lane Swimming |
| 10am to 11am | Family Swim | Whole Pool |
| 11am to 12pm | Family Swim | Whole Pool |
| 12pm to 4pm | WaterBabies | Pool Closed |
| 4pm to 5pm | Family Swim | Whole Pool |
| 5pm to 6pm | Adult Swimming Only | Lane Swimming |

**All sessions must be pre-booked**

**Please note only 1 adult and 1 child during general swimming times**

**Swimming Pool subject to availability.**

**Terms and conditions apply.**